

Written evidence from the Matthew Elvidge Trust (SPR0177)

1. Suicide risk for people bereaved by suicide*

- People bereaved by suicide are significantly more likely to attempt suicide than those bereaved by other types of death
- If you are bereaved by suicide, you are at the same risk whether you are related to the person who died or not
- Feelings of stigma are a key part of suicidal outcomes in those bereaved by suicide
- The odds are 65% higher, that someone bereaved by suicide will attempt to take their life
- 9% of those bereaved by suicide reported they attempted to take their own life (56 out of 614)

*** Source: Pitman 2016, BMJ Open**

Pitman, D.P.J. Osborn, K. Rantell, M.B. King, Bereavement by suicide as a risk factor for suicide attempt: a cross-sectional national UK-wide study of 3432 young bereaved adults, BMJ Open (2016).

2. Support for people bereaved by suicide

Two thirds of people in the UK bereaved by suicide receive **no formal support** from health or mental health services....or voluntary sector, employers or education providers.*

*** Source: PHE – Support after a suicide: A guide to providing local service**