

Supplementary evidence from EIS and UK Sport

1. Given the varied physical demands of the HPS sports, and concerns over the incidence and possible long-term impact of concussion, the EIS has sought to develop guidance that aligns to the 2016 Consensus and can be applied within all WCPs. Consequently, in 2019 the EIS published the latest edition of its *UK High Performance System Sport Concussion Management Guidelines* (also accompanying this paper), which both reflects the 2016 Consensus and makes reference to the concussion recognition tool and the sports concussion assessment tool (SCAT 5th edition) for both adults and children developed by CISG. The Guidelines have been widely circulated in the HPS and are now routinely applied in concussion management.
2. While this resource has been designed to cover the range of sports that exist under the UK HPS umbrella, UK Sport and the EIS acknowledge that most NGBs are likely to have pre-existing concussion management policies or guidelines laid down by their respective international federation, and that, at the point where consideration is being given to an athlete's return to training, the EIS guidelines may need to be customised so they are appropriate to each sports' demands, environment and governance requirements. It is intended that the current EIS Guidelines will be updated to reflect the recommendations of the 2021 CISG Conference in Paris, which is due to be attended by the EIS's Deputy Director of Medical Services.